



Moana
KINDERGARTEN

Beach Kindy



Parent Booklet

"We cannot protect something we do not love, we cannot love what we do not know, and we cannot know what we do not see. Or hear. Or sense."

- Richard Louv

Beach Kindy Booklet

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"Look deep into nature and then you will understand everything better." - Albert Einstein

Beach Kindy Belief Statement

Beach Kindy affords students experiences to develop a sense of connection to their local beach environment. It links learning at kindy with the world beyond and presents many opportunities for taking calculated risks and in turn developing resilience.

Visiting on a frequent and regular basis allows for sustained exploration, the development of student led inquiry and provides a rich environment for collaborative learning. This harnesses children's sense of wonder, awe and stewardship whilst also benefiting social and emotional development.

The approach is sustainable and rights-based, which aims to maximise the play and learning opportunities it gives to very young children through practical and authentic outdoor experiences.

"The more risks you allow children to make, the better they are at looking after themselves." - Roald Dahl

Benefits of Beach Kindy

Moana Kindy offers ongoing opportunities (fortnightly sessions in term 2 and 3) for a group of children to visit Moana Beach.

The aims and objectives of these sessions are:

- * To give children time to experience free play in a natural setting on an ongoing basis.
- * To support children to develop a connection with the natural world and build upon their knowledge and understanding of nature and how to care for it in a context that is relevant to their lives and in their local community.
- * To learn the practicalities of how to be outside; personal safety and hygiene. As well as building their understanding of varying weather conditions and different terrain-embracing and experiencing nature's wonders.
- * To offer experiences which are different to that which happen in the outdoor space back at the kindy, whilst also developing dispositions for learning.
- * To develop specific interconnected learning behaviours that facilitate children's learning processes of Numeracy and Literacy in a real-world context relating to our Preschool site Quality Improvement Plan goal.
- * To learn first-hand, the importance of sustainability and practices to care for the environment and develop a sense of stewardship in all.

*"It's better to know one mountain than to climb many."
- Native American Indian saying*

Beach Kindy Safety

Risk Assessments

Together educators and children conduct risk assessments of their physical space each session and discuss “*How to be safe in this place?*” This includes an assessment of everything within a ‘head, shoulders, knees and toes’ line of sight. This empowers children with the skills and responsibility for making choices that consider and reflect their learning about “*How I keep myself safe?*”

Emergency procedures

We regularly revisit and practice procedures with children. Staff regularly review current guidelines and processes, all of which are documented in the Beach Kindy Handbook.

Extreme Weather

In extreme weather; i.e. high winds, thunder, lightning, extreme heat (over 34 degrees) Beach Kindy sessions will be postponed or ceased and moved back to Moana Kindy site. Where possible, parents will be notified of cancellation the evening of the day before the planned session (via text message from Kindy mobile).

Hygiene and Safety

Children will have access to bathrooms for toileting and handwashing. First-aid kits will be carried, along with hand sanitiser and all educators hold current first aid qualifications. A common-sense approach prevails.

Safety around local flora and fauna

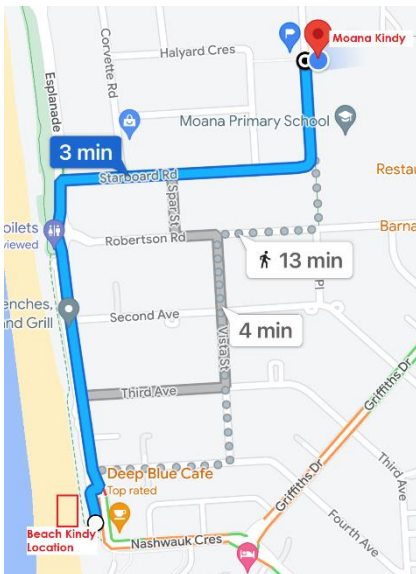
Children are naturally inquisitive, and they will be supported to explore the local beach environment for flora and fauna in its natural habitat. Respectful interactions will be supported and creatures that pose a risk will be dealt with in an appropriate manner. Copies of the Nature Play SA Adventures by the Sea Field Guide will be on hand to support these investigations.

Location: Moana Beach Foreshore

Moana Beach

322 Esplanade, Moana Beach SA 5169

(see map) Park in the car park, walk down onto beach, parallel to public toilets.



Acknowledgment of Country

As we wander along the coast line, we aim to learn about the traditional owners of the land upon which we meet, about their spiritual and cultural beliefs, Dreaming stories connected to county and the many traditional uses of the land and sea.

Beach Kindy begins at 8:45am, and ends at 12noon.

Please drop off your child at 8.45am at Beach Kindy location (see map on previous page). Collect your child at Moana Kindy (Schooner Road) at their regular pickup time, 1:30pm.

Ensure you sign in with the session leader (wearing high-visibility vest), then take your child down on to beach Kindy home base (within the pink rope boundary).

What you need for Beach Kindy...

- **Appropriate clothing**- clothing should be layered to adjust to the changing environmental temperatures. On cooler/rainy weathered days we recommend a thermal (not cotton) layer with additional layers (tshirt/jumper) and a rain resistant coat.

- **Fitted Backpack**- with water bottle, snack/s and lunch box (icepack in it for increased food safety).

- **Appropriate headwear**- Sun Safe Hat- legionnaires or bucket, NO CAPS. A beanie on cooler days. Sunscreen to be applied prior, and we will provide additional sunscreen as required.

- **Appropriate footwear** for walking back to Kindy after Beach session i.e. sneakers. Boots are appropriate at the beach

- **Spare socks and clothing** in your child's bag, with a plastic bag to put wet clothes in (biodegradable or reusable if possible).

- Red Beach Kindy t-shirt (with the name and contact number of Kindy)- this is provided at sign in by kindergarten staff for child to wear for the entirety of the session.

Please refer to the section below to support your child to prepare for our beach kindy program at home.



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Getting ready for my Beach Kindy day

Before I go...

Learning Intention: I can get ready...

- ✓ Get dressed- mindful of the weather
- ✓ Locate their backpack
- ✓ Put in their snack and lunch
- ✓ Put in their drink
- ✓ Put in any other items needed (e.g. spare clothes, walking shoes)
- ✓ Zip up their back pack
- ✓ Put their backpack on

When I arrive...

Learning Intention: I have done all my jobs when I arrive

- ✓ I have gone to the toilet with my parent or carer
- ✓ I have signed into Beach Kindy (session leader will greet you - look for high visibility vest)
- ✓ I have put my **red** Beach Kindy t-shirt on (provided by kindy)
- ✓ I have sunscreen on
- ✓ My bag is stored in the right place
- ✓ I have joined the group at beach kindy 'home base'

Beach Kindy Learning Intentions:

Learning Intentions that will be embedded into a Beach Kindy session include:

- We know the boundaries
- We can be safe in a public place
- We are aware of the sea
- We are aware on the beach
- We can manage ourselves around rocks and rock pools
- We can eat fruit/lunch outside and know the hygiene processes
- We know how to be safe 'in this place'
- We can sort our backpacks after an off-site visit
- We can be safe on the journey walking back to Kindy

Please note: Sibling involvement

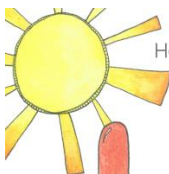
These sessions are a special time for the Kindy aged children and value four-year-old learning. For this reason, siblings will not be able to stay at the sessions (as per a normal Kindy session). Volunteer parent's full attention will be required to ensure the wellbeing and safety of enrolled Kindy students.



HOME BASE: the pink rope outlines the safe 'home base' where we explore and return too. Children do not leave the home base unless they are accompanied by an educator/adult.

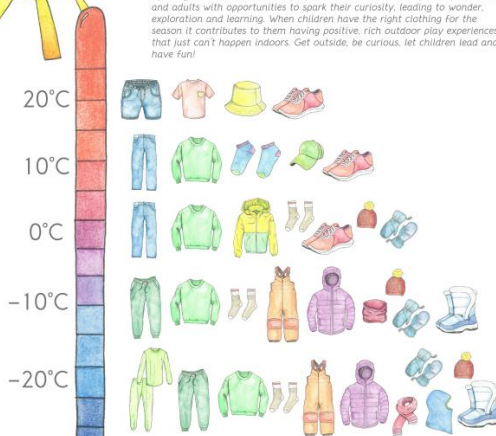
RED T-SHIRTS: each child is required to wear a red t-shirt when attending beach kindy. These are supplied by the Kindy.





How to Dress for the Weather Guide

Outdoor play is a great way to support healthy growth and development. Opening the doors to outdoor play in all kinds of weather provides children and adults with opportunities to spark their curiosity, leading to wonder, exploration and learning. When children have the right clothing for the season it contributes to them having positive, rich outdoor play experiences that just can't happen indoors. Get outside, be curious, let children lead and have fun!



Supporting Outdoor Play Year Round


www.getoutsideandplay.ca


www.befitforlife.ca