



Sun and Heat Protection Policy 2022

Purpose

This policy outlines Moana Kindergartens commitment to children, staff, students and parent's safety in the sun whilst on and offsite.

Aim

- To ensure that all children, staff, students and parents at the Kindy are protected from skin damage caused by the harmful ultra-violet (UV) rays of the sun when the UV is 3 and above, from the August 1 to April 30. The UV rating will be obtained by staff from the Bureau of Meteorology's website – www.bom.gov.au/sa/uv/, and staff will apply full sun protection to children when it is 3 and above.
- A visual display will be utilised to inform all of the staff team/site visitors of UV level for the day.
- To promote positive attitudes toward skin protection among children, staff and parents.
- To incorporate sun and skin awareness activities into the daily routine in order to promote lifestyle practices which help reduce the incidence of skin cancer.
- Build awareness of the need for environmental changes in our Kindy to reduce the level of sun exposure when the UV radiation level is 3 and above.

Policy Statement and Procedures

- The service will ensure all sun protection measures are applied to children and staff whilst outside between August 1 to April 30 and when UV levels are 3 and above at all other times.
- UV can read 3 or above during May, therefore staff are encouraged to monitor the daily UV index during May to determine if and when sun protection is required.
- All children, staff and parents/volunteers must wear a hat which shades the face, neck and ears – such as a broad brimmed hat, legionnaire's style hat, or a bucket hat which has a deep crown and a minimum 5cm brim. Baseball caps are not suitable as they do not offer adequate protection. Children not wearing appropriate sun protection clothing/hat will be asked to play in the shade or a suitable area protected from the sun (under verandah or inside).
- Hats are to be worn outside from the August 1 until April 30, and any other time of the year that the UV is 3 or above, at the discretion of the teachers and parents.
- Moana Kindergarten requests that children wear appropriate clothing which consists of shirts/dresses that cover the shoulders, shirts with collars and elbow length sleeves, and longer style shorts and skirts. Singlets or midriff top are not to be worn.
- The Centre provides the use of broad spectrum (SPF 30 or higher+) water resistant sunscreen. Families are to apply sunscreen to child/ren before or upon arrival at the Centre. The Centre provides sunscreen which is re-applied every 2 hours by the staff, at least 20 minutes before going outside and is reapplied as per the directions on the bottle for the remainder of the day (e.g. every 2 hours if outdoors for extended periods of time and/or during water activities).
- When appropriate children can wear wraparound sunglasses that provide the best protection. Sunglasses should meet Australian Standard AS/NZS1067 (sunglasses: lens category 2, 3 or 4).
- Care is taken during the hours of intense (peak) ultra-violet radiation and children are encouraged to avoid direct exposure to the sun or to remain in the shade. Outdoor activities and excursions will be set up in shaded areas using the shade of trees, pergolas and tents as much as possible.

- A combination of sun protection measures are considered when planning outdoor activities such as excursions and water based activities (e.g. water play).
- All outdoor redevelopments will consider how we can maximise shaded areas to encourage Sun Smart behaviour and work towards always providing adequate sun protected areas.
- Age appropriate information on sun protection is included in children's programming.
- Parents are informed of this policy and receive Sun Smart information and advice via posters, displays, and handouts.
- For Work Health and Safety, Staff are required, and visitors and parents are encouraged to be positive role models when the UV is 3 and above by practising Sun Smart behaviours e.g. wearing appropriate sun safe hats, UV reflective sunglasses and clothes outside; applying sunscreen; and using shaded areas when outdoors.

The sun protection policy will be reviewed regularly (at least every three years) to ensure the information remains current and relevant.

Endorsed by Governing Council

Date: 22 June 2022

Chairperson:

Director: Samantha Duell

Sign:

Sign:

ORIGINAL COPY SIGNED, AND AVAILABLE AT PRESCHOOL.

If you require further information regarding any of our policies, go to Department for Education <https://www.education.sa.gov.au/>

In accordance with Quality Area 2: Children's Health and Safety: To safeguard and promote children's health and safety, minimise risks and protect children from harm, injury and infection. All children have the right to experience quality education and care in an environment that provides for their physical and psychological wellbeing and provides support for each child's growing competence, confidence and independence.

Element 2.1.1 Each child's health needs are supported.

Element 2.3.2 Every reasonable precaution is taken to protect children from harm and any hazard likely to cause injury. www.acecqa.gov.au

Related Documents/ References:

Cancer Council Sun Protection Policy checklist for South Australian Early Childhood Centres [https://www.cancersa.org.au/uploads/sunsmart/SS ECC Sun Protection Checklist.pdf](https://www.cancersa.org.au/uploads/sunsmart/SS_ECC_Sun_Protection_Checklist.pdf).

Inclement Weather and Sun Protection Procedure, Department for Education, October 2017

<https://edi.sa.edu.au/hr/for-managers/health-and-safety/creating-a-safe-workplace/inclement-weather-and-sun-protection>.

Moana Inclement Weather Policy